

Reading List for the Training in Jungian Analysis

Qualifying for Membership of IAAP



NB – the reading list is not yet revised regarding the new structure with the One Year Foundation Course and the Five Years Subsequent Training. This means that the reading list reflects what has been read during the trainings up till now. It can, however, for the future training be anticipated to be much the same. (NB! Certain literature may be updated to newer versions and thus reflect the theoretical development within the Jungian world)

References 1th year:

Ego and consciousness,

Jung, C.G.: CW 9I, §§ 489 – 524.

Jung, C.G.: CW 9II, §§ 1 – 12.

Adler, G.: Studies in Analytical Psychology, pages 120 – 175.

Buber, M.: I and Thou.

Edinger, Edward.F.: Ego and Archetype, pages 3 – 104.

Jaffe, Aniela: The Myth of Meaning. Pages 138 – 153.

Neumann, E.: The Origins and History of Consciousness

Whitmont, E.C. and Perera, Sylvia Brinton: Dreams a Portal to the Source, pages 17 – 22.

Psychological typology,

Jung, C.G.: CW 6, Psychological Types,: Chapter 10: General Description of Types

von Franz, Marie-Louise and Hillman, James: Jung`s Typology. Spring Publications. Texas 1979 : s 1- 72

Hillman, James. The Feeling Function s 75- 148

Spoto, Angelo: Jung`s Typology in Perspective, Chiron Publications, 1995 USA.

Borbye, Edward: Hvorfor er du så anderledes? Jungs typologi i teori og praksis. Dansk Management Forum.

Kbh 1996

The persona, the structure of the psyche, other theories of the ego,

Jung, C.G.: CW 7, §§ 202 – 265.

Mattoon, Mary Ann: Jung and the Human Psyche, Routledge, 2006

Samuels, Andrew: Jung and the Post-Jungians Routledge 1985. p. 23 – 54.

Skogemann, Pia: Er jeg en sommerfugl, der drømmer? Jeg, bevidsthed og det ubevidste s. 65-85, Lindhardt & Ringhof, Kbh. 1992

Jung, C.G.: CW 9II, §§ 1 – 12.

Neumann, E.: The Origins and History of Consciousness

Jung, C.G.: CW 9I, the Archetypes and the Collective Unconscious chapter I-IV

Skogemann, Pia: En jungiansk fortolkning af Tolkiens Ringenes Herre. Copenhagen, Athene, 2004.

Methods and theories of practical psychotherapy,

Samuels, Andrew: Transference and countertransference, in: Handbook of Jungian Psychology. Ed. Renos Papadopoulos. Published by Routledge 2006 , Pages 177 to 195

Freud, Anna: The ego and The Mechanisms of Defense, Hogarth Press 1979. Pages 18 to 24.

Greenson, Ralph R.: The Technique and Practice of Psychoanalysis." (The International Psycho-analysis Library 74) Hogarth Press 1981., Pages 151 to 357.

Jung, C.G.: CW 16, §§ 353 -401.

Bateman, Anthony and Holmes, Jeremy : Introduction to Psychoanalysis Routledge 1995. Pages 95 to 117.

Little, Margaret I.: Transference Neurosis and Transference Psychosis. Jason Aronson Inc. 1981.

The shadow,

Jung, C.G.: CW 9II s 8-10: The Shadow

von Franz, Marie-Louise: Skyggen og det Onde i Eventyr. Kbh 1993

Henderson, Joseph: Shadow and Self, Illinois 1990. chapter 7 s 63-99.

Guggenbühl Craig, Adolf: Power in the Helping Profession. Dallas 1990

Jung, C.G.: CW 9I s 255-272

Jung, C.G.: CW 11 page 355-470

Perera, Sylvia Brinton: Syndebocken, Solna, Sverige 1992.

Jacoby, Mario: Individuation and Narcissism. München 1990. s 171-75

Jacoby, Mario: Longing for Paradise, Boston 1985 : s 153- 164

Hall, James A.: The Structure of the Collective Shadows, i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 113-137:

Sandner, Donald: The Split Shadow and The Father -Son Relationship. i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 361-377

Gordon, Rosemary: Masochism: The Shadow Side of the Archetypal Need to Venerate and Worship. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz 1987 s 283-300

Hultberg, Peer: Shame: An Overshadowed Emotion. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz 1987 s 157-177

Drahon Gallard, Martine: Black Shadow-White Shadow i: Mary Ann Mattoon (ed) : The Archetype of Shadow in a Split World. Schweiz 1987 s 199- 219

Marsanich, Grassi de: The Shadow Arcehtype in Anorexia Nervosa and Depression. i: Mary Ann Mattoon (ed): The Archetype of Shadow in a Split World. Schweiz s 261- 282

Complex theory,

Jung, C.G.: CW 8, §§ 92 - 104.

Jung, C.G.: Den psykiske Energetik og Drømmenes væsen. Gyldendals uglebøger 2001. The chapter "Generelt om kompleksteorien" p. 79 – 93

Samuels, Andrew: Jung and the Post-Jungians pp 23-54 (Routledge & Kegan Paul, London, 1985)

The word association test,

Jung, C.G.: CW 2, Psychoanalysis and Association Experiments

Jung, C.G.: CW 2, The Associations of Normal Subjects

Archetypes,

Skogemann, Pia: En jungiansk fortolkning af Tolkiens Ringenes Herre. Copenhagen, Athene, 2004. pp., 7-73

Jung, C.G.: CW 9I, §§ 489 – 524.

Jung, C.G. et al: Mennesket og dets symboler,

Jung, C.G.: CW 16, The Practice of Psychotherapy

Jung, C.G.: CW 7, The Structure and Dynamics of the Psyche,

Jung, C.G.: CW 7, Two Essays on Analytical Psychology,

Jung, C.G.: CW 9I, The Archetypes and the Collective Unconscious,

Jung, C.G.: Memories, Dreams and Reflections

Psychiatry

Perry, J. Christopher: Instrument til klinisk vurdering af de psykiske forsvarsmekanismer.

McWilliams, Nancy: Psychoanalytic Diagnosis, Understanding Personality Structure in the Clinical Process

Cullberg, Johan: Psychosis, Chapter 7: Neurological vulnerability factors, Chapter 8: Psychological vulnerability factors, Chapter 20: Toward a bio-psycho-social model of psychosis.

Mollon, Phil: Multiple Selves, Multiples Voices, working with Trauma, Violation and Dissociation. Chapter 1: Dissociation, Chapter 5: The effects of trauma and abuse upon internal and external object relations, belief systems and psychobiology.

Ethics.

Barnes, Fiona Palmer: Complaints and Grievances in Analytic Practice Routledge 1998. chapters 1 – 4..

Barnes, Fiona Palmer: Ethics in Practice. in Hester McFarland Solomon and Mary Twyman: The Ethical Attitude in Analytic Practice, Free Association Books 2003.

References 2th year:

Animus/anima and gender, Mother and father complex,

Jung, C.G.: CW 7, Anima and Animus, paragraphs 296 - 340.

Jung, C.G.: CW 9.I, Concerning the Archetypes with special reference to the Anima Concept paragraphs 134 –147

Jung, C.G.: CW 9.I, The Psychological Aspects of the Kore, paragraphs 306 - 383.

Jung, C.G.: CW 9.II, The Shadow and the Syzygy, paragraphs 13 - 42.

Skogemann, Pia: Er jeg en sommerfugl, der drømmer? Mandlighed og Kvindelighed p. 44 – 65. Jeg, bevidsthed og det ubevidste p. 65 – 86. De hellige jomfruer p. 114 – 138. Lindhardt & Ringhoff 1992.

Kast, Verena: Anima/Aminus. In The Handbook of Jungian Psychology, ed. Renos K. Papadopoulos, Routledge 2006.

Kast, Verena: Father Daughter Mother Son, Freeing ourselves from the complexes that bind us. Element Books 1997.

Bradway, Katrine: Gender Identity and Gender Roles. Their Place in Analytical Practice. I: Stein, Murray:

Jungian Analysis, London 1984, s 275- 293 :

Interpretation of dreams,

Mattoon, Mary Ann: Understanding Dreams. (fx in a paperback version from 1991)

(original title: Applied Dream Analysis, 1978)

The Self and symbol formation,

Jung, C.G.: CW 9II, paragraphs 1 - 67, paragraphs 422 - 429,

Jung, C.G.: CW 11, paragraphs 580 758.

Adler, G.: Dynamics of The Self. Pages 15 - 32.

Edinger, E.: The Aion Lectures. Pages 11 - 21, Pages 34 - 43,

Hillman, J.: Loose Ends. Pages 63 - 81.

Harvest. Journal for Jungian Studies. Volume 35. (1989 – 1990) Pages 41 - 62.

Journal of Analytical Psychology. Volume 30, number 3, pages 233 - 250.

Jung, C.G.: CW 16, The Psychology of the Transference, 1946

Schaverien, Joy: *The Revealing image: Analytical Art Psychotherapy in Theory and Practice*, Jessica Kingsley Publishers (1999).

Theories of the interpretation of fairy tales

Jung, C.G.: *CW 9.I, the Phenomenology of the Spirit in Fairy Tales* (1945)

Jung, C.G.: *CW 13, The Spirit in the Bottle* (1948)

von Franz ,Marie-Louise. *Eventyrfortolkning* (da. 1989)

Neumann, Erich: *Amor og Psyche*. Niels Bings forlag, 1965

Asper, Kathrin: *Ravnen i Glasbjerget* (da. 1989)

Dieckmann, Hans: *Fairy Tales in psychotherapy i: JAP, vol 42, April 1997*

Kalsched, Donald E.: *The Inner World of Trauma, part II (on fairy tales)*, London/NewYork 1996

Skogemann, Pia: *En karl var min mor, en fisk var min far*, Kbh 1998

Psychiatry.

Vestergaard, P., Sørensen, T., Kjølbye, M., Videbech, P.: *Psykiatri, lærebog om voksnes psykiske sygdomme*, Chapter 1: Basic concepts of psychiatry p.15-p.35, Chapter 9: Personality disorders p.213 -240–

Wallin, David: *Attachment and psychotherapy, Attachment patterns in psychotherapy* p. 191 – 256: The chapters 11 – Constructing the Developmental Crucible 12 - The Dismissing Patient: From Isolation to Intimacy , 13 – The Preoccupied Patient: Making Room for a Mind of One´s Own , 14 – The Unresolved Patient: Healing the Wounds of Trauma and Loss

Practice, technique, boundaries, couch/chair, money etc.

Jung, C.G.: *CW 16, Chapter I: Principles of Practical Psychotherapy, paragraphs 1 – 27, Chapter IV: The Aims of Psychotherapy, paragraphs 66 – 113, Chapter V: Problems of Modern Psychotherapy, paragraphs 114 – 174.*

Haynes, Jane and Wiener, Jan: *The Analyst in the Counting House: Money as Symbol and Reality in Analysis.*

References 3rd year:

Developmental psychology,

Winnicott, Donald W. (1958): *Through Paediatrics to Psychoanalysis; Collected Papers*, Tavistock Publications. Chapter IV : Observation of Infants in a set situation, Chapter XV: Hate in the counter transference, Chapter XVIII: Transitional Objects and Transitional Phenomena

Baby observation with written reports,

Briggs, Andrew (ed): From "Surviving Space", Papers on Infant Observation, The Tavistock Clinic series, 2002, Introduction and Chapters 2 and 3

Jacoby, Mario: Jungian Psychotherapy & contemporary Infant Research Basic patterns of Emotional Exchange. Routledge 1999, Chapters 1-5, 8 & 11

Jacobsen, Claus Haugaard, Thorgaard, Lars og Lanken, Lisbeth (eds): Tilknytning, Tab og Tilblivelse i psykodynamisk belysning., Aalborg Universitetsforlag 2006, Artiklen " At blive til: Erfaringer med Spædbørnsobservation efter Ester Bicks metode" af Lisbeth Lanken

Sidoli, Mara: When the body speaks, Archetypes in the body. Routledge 2000 Chapters 1 & 3

References 4th year:

Symbolic material and its interpretation. (Dreams, alchemy, religion, mythology, synchronicity, interpretations of pictures and films.)

Greek and Nordic Mythology. Theory and case discussions

Jung, C.G. & Kerenye, C: Science of Mythology. Ark Paperbacks 1985, Kap. II: The Psychology of the Child Archetype, Kap. IV: The Psychological Aspects of the Kore (Or in C.W. vol.9.1, kap. IV.),

Kradin, Richard: The Family Myth: its deconstruction and replacement with a balanced humanized narrative. JAP, 2009, 54, 217-232

Psychology and Religion; I Ching

Jung, C.G.: CW 11, Foreword to I Ching by CG Jung, pg 589-608 or download from <http://www.iging.com/intro/foreword.htm>

Stein, Murray: Some reflections on the influence of Chinese thought on Jung and his psychological theory p 209-222. JAP, Volume 50 nr. 2, April 2005

Zabriskie, Beverly: Synchronicity and the I Ching: Jung, Pauli and the Chinese Woman p 223-236.

Jung and religion

Jung, C.G.: CW 11, paragraphs 1 – 171.

Jung, C.G.: CW 18, paragraphs 608 – 696.

Otto, Rudolph: The Idea of the Holy.. Published by Penguin 1959, Pages 15 – 55.

Adler, Gerhard: Studies in Analytical Psychology.. Published by Hodder and Stoughton, Pages 176 – 216.

Bible: Genesis Chapter 28. verses 10 – 22, Exodus Chapter 3, verses 1 – 6.

Rites de Passage - Shamanism. Theory and case examples

Jung, C.G.: Erindringer, drømme, tanker Kbh 1984, s.147- 170 Konfrontationen med det ubevidste.

Jung, C.G.: CW 11: Psychological commentary on "The Tibetan Book of the Dead, § 851-858

Stein, Murray: In midlife. A Jungian perspective. Spring, 1983.

Turner, Victor: Betwixt and between i: The Forest of Symbols. London, 1967.. og i antologien Betwixt and Between. Pattern of masculine and feminine initiation. Ed. Louise Carus Mahdi. Open Court. Ill., 1987.

Zoja, Luigi: Drugs, addiction and initiation. Daimon, 2000 (chapters 1,2,5,7,8)

Buddhism

Goddard, D. (ed): A Buddhist Bible

Conze, E.: Buddhist Scriptures

Wu, John C.H.: The Golden Age of Zen

Watts, Alan: Zen-buddhism

Rinpoche, Sogyal: The Tibetan Book of Living and Dying

Meckel, Daniel J. (ed): Self and Liberation – The Jung/Buddhism Dialogue

Moacanin, Radmila: Jung's Psychology and Tibetan Buddhism

Spiegelman, J.Marvin og Miyuki, Mokusen: Buddhism and Jungian Psychology

Synchronicity and , Parapsychology

Jung, C.G.: CW 8, Synchronicity: An Acausal Connecting Principle

Stevenson, Ian: Twenty Cases Suggestive of Reincarnation

Stevenson, Ian: Where Reincarnation and Biology Intersect

Dreams and symbols

Mattoon, Mary Ann: Understanding Dreams. (Original title: Applied Dream Analysis)

Vedfelt, Ole: Drømmenes dimensjoner, København 2007

Alchemy

Jung, C.G.: CW 12 Psychology and Alchemy

Jung, C.G.: CW 16 The Psychology of the Transference p 163-326

References 5th year:

The individuation process. (Dreams, myth, maturation, wisdom, relation to the Self)

Individuation

Jung, C.G.: CW 7, Individuation pars. 266-406

Jung, C.G.: CW 9.1, Conscious, Unconscious and Individuation, pars. 489-524

Jung, C.G.: CW 9.1, A Study in the Process of Individuation, pars. 525-626

Samuels, A.: Jung and the Post-Jungians, Routledge & Kegan Paul, 1985, chap: The Self and Individuation p. 89-132

Stein, M.: Individuation, p. 196-213 (17 pages), in The Handbook of Jungian Psychology, ed. R.K. Papadopoulos, Routledge 2006

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992chap: Visdom som individuationens mål, p. 156-180

Research

Falk Leichsenring, DSc; Sven Rabung, PhD : Effectiveness of Long-term Psychodynamic Psychotherapy. A Meta-analysis. JAMA. 2008;300(13):1551-1565.

Francisco Alberdi 1 & Bent Rosenbaum : Evidens for psykodynamisk psykoterapi. Ugeskr Læger 172/42 18. oktober 2010.

Denise Ramos: Cultural Complex sand the Elaboration of Trauma from Slavery p 51-67, Montreal 2010.

Chr. Roesler: Research: Neurosciences, Genetics and Cultural theory p. 71-91, Montreal 2010

The Practice of Psychotherapy

Jung, C.G.: CW 16, Chapter I: Principles of Practical Psychotherapy, paragraphs 1 – 27, Chapter IV: The Aims of Psychotherapy, paragraphs 66 – 113, Chapter V: Problems of Modern Psychotherapy, paragraphs 114 – 174.

Stein, Murray: Jung's Treatment of Christianity. The Psychotherapy of the Religious Tradition, USA 1985, Chap. 2 pp 21-68

Complex theories and Cognitive theories

Jung, C.G.: CW 2, paragraphs 728-747, from 'The Psychological Diagnosis of Evidence'.

Jung, C.G.: CW 3, paragraphs 77-106 and 183-184, from 'The Psychology of Dementia Praecox'.

Jacobi, Jolande: Complex / Archetype / Symbol in the Psychology of C.G. Jung, pp. ix-xi and 25-30. Princeton University Press 1974.

Dieckmann, Hans: Complexes. Diagnosis and Therapy in Analytical Psychology, pp. 1-3. Chiron Publication 1999.

Kast, Verena: Father-Daughter, Mother-Son. Freeing Ourselves from the Complexes that Bind Us, pp. 21-29, Element 1997.

Young, Jeffrey E.: Kognitiv terapi ved personlighedsforstyrrelser: en skemafokuseret tilgang, pp. 11-42. Hans Reitzels Forlag 2003. In English: Cognitive Therapy for Personality Disorders: A Schema-Focused Approach, pp. 1-25. Professional Resource Press 1999.

Individuation and religion

Jung, C. G.: CW 7: Individuation pars. 266-406

Jung, C.G.: CW 9.1: Conscious, Unconscious and Individuation, pars. 489-524

Jung, C.G.: CW 9.1: A Study in the Process of Individuation, pars. 525-626

Samuels, A.: Jung and the Post-Jungians, Routledge & Kegan Paul, 1985, chap: The Self and Individuation p. 89-132

Stein, M.: Individuation, p. 196-213, in *The Handbook of Jungian Psychology*, ed. R.K. Papadopoulos, Routledge 2006

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992, chap: Visdom som individuationens mål, p. 156-180

Individuation and the development of wisdom

Skogemann, P: Er jeg en sommerfugl, der drømmer?, Lindhardt og Ringhof, 1992, chap: Visdom som individuationens mål, p. 156-180

Jacobi, Mario: Individuation and Narcissism, New York/Canada, Routledge, 1990

History of Psychotherapy

McGuire, William (ed): *The Freud Jung Letters*, London 1974, Jungs brev til Freud 2. april 1909 og brev til Freud 10. juli 1909, s. 215-217 og s. 240-242.

Jung, C.G.: CW 3, *On Psychological Understanding*, s. 179-193 (§§ 388-424).

Jung, C.G.: CW 10, *The Role of the Unconscious.* (Über das Unbewusste), s. 3-28 (§§ 1-48).

Jung, C.G.: CW 6, *Psychological Types*, chap *The Significance of the Uniting Symbol*, s. 189-258 (§§ 318-433).

Jung, C.G.: CW 9I, *The Archetypes and the Collective Unconscious*, chap *The Meaning of Individuation*, s. 275-289 (§§ 489-524).

Jung, C.G.: CW 12, *Psychology and Alchemy*, *Introduction to the Religious and Psychological Problems of Alchemy*, s. 3-37 (§§ 1-43), *The Symbols of the Self*, s. 215-223 (§§ 323-331).

Contemporary debates in Jungian and Post-Jungian subjects

Knox, Jean: From archetypes to reflective function, *JAP* Volume 49, Issue 1, Pages: 1–19

Wilkinson, Margaret: The mind–brain relationship: the emergent self, *JAP* Volume 49, Issue 1, 2004, Pages: 83–101

Hogenson, George B.: Archetypes as action patterns volume 54, issue 3, pages 325–337

Merchant, John: A reappraisal of classical archetype theory and its implications for theory and practice volume 54, issue 3, pages 339–358

Wiener, Jan: The Therapeutic Relationship: Transference, Countertransference, and the making of Meaning, 2009, Chap 2: working in and working with the transference, Chap 3: countertransference and Imagination, Chap 4: The transference Matrix

The 6th Year:

Termination:

Skogemann, Pia: Psykoterapeutisk Identitet i: Psykoteraputen, 2000 (attached)

SKOVHOLT, T. M. og RØNNESTAD, M. H.: The Evolving Professional Self. England, Wiley & Sons, 1992

Kohut, Heinz: Termination of the Analysis. I: The Restoration of the Self. USA, International Universities Press, 1977.

Schaverien, Joy: The Dying Patient in Psychotherapy. UK, Palgrave Macmillan, 2002

Gordon, Rosemary: Dying and Creating. A search for meaning. UK, The Library of Analytical Psychology, Vol. 4, 1978.